



California AB 1810

A Step Towards Respect and Dignity for Incarcerated Individuals Who Menstruate

1. Requires an incarcerated person to have ready access to menstrual products without having to request them. This bill would impose a state-mandated local program.
2. **Qualifications:** A person incarcerated in a state prison, a local detention facility, or a state or local juvenile facility who menstruates.
3. **Funding:** The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state.



AB1810 is a legislative measure aimed at ensuring that incarcerated individuals who menstruate are treated with dignity and respect by requiring correctional facilities to provide menstrual products at no cost. Historically, inmates had to request these products, which often resulted in embarrassment and inconsistent access. This legislation now mandates that prisons supply menstrual products free of charge, thereby affirming the basic human dignity of menstruating individuals and ensuring their health needs are met without unnecessary barriers.

"Access to menstrual products is not a luxury or a privilege, it is a necessity,"

- Assemblymember Isaac Bryan

https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202320240AB1810